

Community Outreach 2012

Reg Charity # 1105489



S·A·B·R·E
CHARITABLE TRUST

Dear Student,

The Sabre Charitable Trust has been fortunate to work with Reach Cambridge on the Community Outreach project for the previous three years. In that time we have witnessed first hand the impact such a course has on those students who take part, the enjoyment they get from it and the far-reaching benefits that it brings.

The Sabre Trust is small charity working on a big issue: Education. We work solely in Ghana, at all levels of the education spectrum. Our aim is to provide an integrated solution that supports government initiatives to enhance the school education system (4-16 year olds) in rural areas. Our solution revolves around three key activities: building schools, training teachers and creating learning resources.

From day one at Reach Cambridge we will introduce the Sabre Trust to you and showcase the work we do in Ghana and how you can help us achieve our goals. As well as allowing you the opportunity to make a tangible difference to those less fortunate than yourself, the Community Outreach project will also give you a real understanding of some of the difficulties faced by those you will be helping through your involvement.

A major part of this understanding will come from the challenges we are asking you to undertake during the programme. These are all designed to highlight significant problems Ghanaian children have to overcome every day. By immersing yourselves in these challenges, and garnering support from friends and family, you will bring these issues to the forefront of people's minds and help raise money to alleviate these unnecessary burdens. A full list of challenges is attached, and you are welcome to suggest your own to us. We have set up an online fundraising page through BT MyDonate, the details of which are included at the end of this letter, where you can encourage friends and family to donate.

For those of you who have applied for the Community Outreach add-on you will also spend ten hours over the course duration engaging with the local community, promoting awareness and generally assisting with the set-up and running of exciting fundraising activities. The finale of the Community Outreach programme is a day of activities and a big evening party organised by you for all Reach Cambridge students.

Now it's up to you, if you would like to be involved in the Community Outreach module we would welcome your commitment, enthusiasm and enterprise. Have a read of the challenges, select one or more, maybe suggest some of your own, and then get fund raising! We look forward to meeting you in July and in the meantime if you have any questions or suggestions please do get in touch with us by email at tom@sabretrust.org

Yours faithfully,

Tom Malcolm Green
Volunteer & Communications Manager

Fundraising Instructions



We have set up an online fundraising page through VirginMoneyGiving which you can direct your potential sponsors to. VirginMoneyGiving provides an internationally accessible online fund raising platform for charitable giving.

The address is:

<http://uk.virginmoneygiving.com/charity-web/charity/displayEventDetails.action?eventId=12012&charityId=1000655&invocation=evt0050>

Alternatively, donors can visit the shortened URL:

<http://bit.ly/MwaLG6>

Supporting Africa By Rural Endeavours

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Community Outreach Challenges

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Water carrying challenge

Every day Ghanaian school children have to fetch water as part of their pre-school chores. For many this means carrying up to 20 litres of water on their heads for several kilometres. To replicate this I am going to take part in a water carrying challenge to raise funds for education projects in Ghana. I will transport 20 litres of water over a 5km course. Because I have not had years of practice I will be carrying a maximum of 4 litres at a time and will do a 1km circuit 5 times, trying not to spill any of my precious water along the way.

Walk to school... the long way round

Many children in Ghana have a long and dusty walk to school every day. I will be taking a long walk to lessons by doing a 5km detour from my accommodation to my lecture hall. This will mean that I have to get up at least an hour early if I am going to get to school on time. I am doing this to support education projects in Ghana and also to understand a bit more what life is like for school children there.

Life without luxuries

Many of the things we take for granted are luxuries far beyond the grasp of school children in Ghana. To help raise money for education projects there I am planning to give up (e.g. my iPod, television, Facebook, chocolate etc) for a week, and hope that friends and family will sponsor my sacrifice.

Sponsored silence

To try and highlight the plight of school children in Ghana, who have to learn without access to textbooks, or decent classrooms to learn in, I am going to embark on a sponsored silence. With only a notebook and pen for communication (no emails or text messages), I will not speak for an entire 24 hour period. I hope that friends and family will either be sufficiently amused by the thought of me staying silent for a whole day (and night) or will be so moved by the cause that I am fundraising for that they will sponsor me.

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